

Course Title: Cooking

Level: MS/HS

Teacher(s): Valerie Foriest(ladybugmommy@gmail.com) Kimberly Segura(kimberly_@bellsouth.net)

Description: A cooking class to teach basics in cooking. How to plan and prepare a meal. This class is very hands on, we will be cooking each week using skills they've learned to build upon. We will be dividing the course up into varieties of food and spending a few weeks in each genre. Such as comfort food, italian, chinese, mexican ect.

Additional Class Fees 20\$

Required Supplies: we will have a list of cooking supplies, like cutting boards, measuring cups ect for each person to purchase

Prerequisites:none

Homework Requirements: Occasionally there may be some prep work we have the students do at home, but most of the time everything will be done in class.

Additional Course Information: